

HOOP PLAY SCHOOL PROGRAMMING

Hula-hooping like you've never seen it before with easy-to-use, properly-sized hoops and powerful facilitation techniques! From the shy kindergartener to the hard-to-reach junior high schoolers, everyone gets moving with Hoop Play!

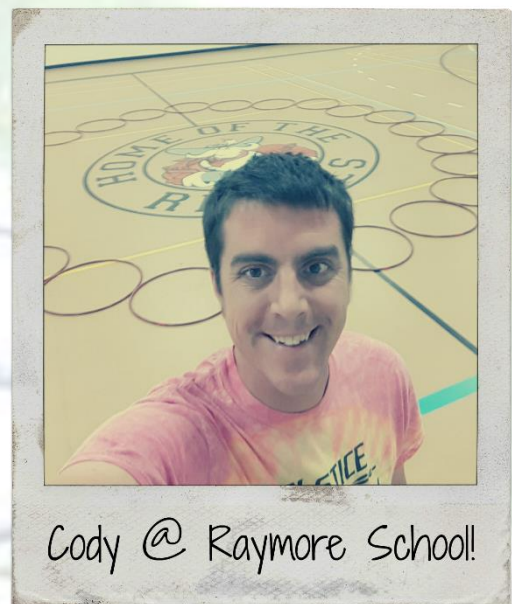
The **Hoop Play Program** was independently designed by Katelyn Selanders (BA, BSW, Group Fitness Leader) and is now a recognized fitness training program through **Canadian Fitness Education Services (CFES)**. Learn more @ hoopplay.ca

✓ **Meets Health & Physical Education curriculum needs for k-12 in SK!**

Facilitated by **Cody Selanders**, a talented contact and toss juggler, hula-hooper and facilitator! Cody is a full-time Support Worker/Creative Encourager at COR (Creative Options Regina) and former E.A. for Horizon School Division.

Cody is Trained/Certified in:

- Hoop Play Level One & Children's Programming
- MEND and SPARK
- Gentle Teaching (Levels One & Two)
- Person-Centered Thinking
- Mandt (de-escalation)
- Safetalk & ASIST
- Mental Health First Aid
- Current First Aid



Cody has facilitated Hoop Play programming to a diversity of groups and organizations, including: the **Military Family Resource Centre (15 Wing)**, the **Saskatchewan Association for Community Living**, **SaskAbilities**, **Fox Valley Counselling**, **R.O.A.R.** (a Moose Jaw based organization dedicated to increasing acceptance and supporting families of children with cognitive disabilities), and **schools in Alberta, Saskatchewan, British Columbia and Ontario!**

"Rave reviews from both students and staff! We will be in touch again next year to book another session!"

- Coronation Park School, Regina SK



Unique, accessible & engaging programming for all ages and abilities! All equipment provided!

Book online: hoopplay.ca , call Cody: 306-281-0127, email: solstice@hoopplay.ca